

Child's safety plan

This is my safety plan (name of child)
and(name of worker)

If there are any angry actions or words in my house – I can't stop it

This is what I can do:

1. GET OUT OF THE WAY

2. Find a safe place. In my house this is
.....

3. If it's **SAFE**, phone the police

- The number is 999.

I will say:

- My name
- My home address
.....
- What's happening (i.e. someone is hurting my mum)

4. I can also get help from (i.e. next door)

5. Later I can talk with about what happened

6. If I am hurt I will tell

7. It's OK to feel (e.g. scared, angry etc)

8. The people that know about this plan are:

Me (draw a picture)

Family

Others

Signed (Child)

Mother

Professional Date